Beef-Based Comfort Dishes

If you are a family that eats meat, you probably use beef quite a bit. Here are some delicious home-cooked wholesome meals you can make by starting with some beef.

**Taco Pasta Casserole**

This is a really fun casserole you can make on a cold day when you want something filling that also contains ground beef as the primary protein source. It is a way to combine tacos, macaroni and cheese, and casserole all in one dish. For this meal, you will first want to cook your pasta and your ground beef, then add them to the casserole dish with your choice of veggies, seasonings, and cheese. Typically, a combination of shredded cheese, sour cream, and cream cheese is recommended, in addition to salsa and taco seasoning.

**Beef Stew**

Another comfort food that is the perfect way to have a beef-based dish is to make a beef stew. Believe it or not, this recipe can be made right in your slow cooker. This makes it easy to cook even on a busy day, since you essentially add all the ingredients and go about your day. Chuck roast that is trimmed and cut into cubes is recommended for the beef stew. Add plenty of water and beef bouillon cubes, in addition to tomato soup, flour, celery, carrots, onions, and potatoes. Italian seasoning works great, or you can choose whatever combination of seasonings you like for the stew.

**Salisbury Steak**

There are few things better than a nice Salisbury steak meal when you are craving beef on a cold day. Salisbury steak is made with ground beef, mustard, ketchup, onion powder, garlic powder, and bread crumbs. You can also add some Worcestershire sauce and other seasonings if you like. The Salisbury steak is covered in a nice brown gravy mix and served with mashes potatoes and your choice of vegetable.

**Meatloaf**

Meatloaf is similar to Salisbury steak with a few minor variations. First of all, instead of flattening the beef, you are going to put it altogether into a small pan. You will use bread crumbs or you can try crushed crackers. It also uses ketchup, though you are going to add some extra ingredients, such as onion, milk, and an egg that is beaten. This allows the beef to mix together and stick into a loaf shape in the pan. It is another beef dish often served with potatoes and a vegetable side.