Enjoy These Comfort Sandwiches For Lunch

When you want comfort food, it isn’t always a big, heavy meal for dinner. Sometimes, you want a light lunch with a delicious sandwich, but something that is also comforting and soothing. Try one of these yummy sandwiches for lunch.

**Chicken Parmesan Sandwich**

You may have a craving for chicken parmesan, but would rather not have to eat the pasta along with it. This is actually an excellent comfort food sandwich when you want something hearty and filling, and happen to already have the breaded chicken on hand. You can make a regular chicken parmesan dinner, save one or two breaded chicken breasts and some sauce, and create a sandwich for work. All you need is a quality sandwich roll that can withstand the sauce, along with your breaded chicken and some mozzarella cheese.

**French Dip Sandwich**

A French dip sandwich is a type of beef sandwich that comes with a dip. This is a hot sandwich that is easier to cook than you might think. What you want to do is cook some roast beef and slice it thinly so you can stack it on a French roll type sandwich bread. The other ingredients can be anything from cheese to veggies, but some just have the roast beef plain. You will serve it with a little dish with beef dip, usually make from juices from cooking the roast beef.

**Grilled Cheese**

Another fun way to have a comfort sandwich for lunch is to go with a grilled cheese sandwich. You can definitely make a simple grilled cheese with nothing but bread and cheese, but you can also go with a variety of other options. You can make a BLT grilled cheese or a ham and cheese sandwich. You can add in any veggies you want, or get fancy with something like apples and gouda cheese, or gruyere with pesto in your grilled cheese sandwich. This is not only an easy way to have a delicious meal, but it helps you get creative as well.

**Chicken and Waffles**

To go a little against the grain, you can combine two popular foods for people who are craving some comfort food: chicken and waffles. Waffles might not seem like a sandwich or a lunch food, but they are actually the perfect combination for chicken. You can either make little mini sandwiches or you can wrap up some sliced chicken in a waffle and eat it that way. There really are a lot of ways to make this type of ‘sandwich’.