Social Media Blurbs – Healthy Snack

Facebook

Healthy Snack Foods on the Go:

TIP: Need to grab a quick snack before heading out but don’t want to eat junk? There’s plenty of delicious, healthy snack foods you can enjoy on the go.

Apple slices with peanut butter, low-carb cookies and hard boiled eggs are just some of the healthiest foods you can snack on when you’re out and about.

Snack Foods to Dehydrate that are Healthy:

TIP: Tired of having to throw away your snacks because they’re past their due date? Dehydrating them could be the answer.

You can dehydrate numerous snack foods to help keep them well-preserved and enhance their flavor. Pineapple, apple, bananas and blueberries are just some of the great snack foods you can dehydrate.

What Snack Food is Healthy:

TIP: Do you struggle to come up with delicious, healthy snack ideas?

There are plenty of healthy snacks to help keep you feeling full in-between meals. From simple fruit and nuts, to more unusual protein-packed snacks such as tuna. Check out this blog to discover which snack foods are healthy.

Tweets

Healthy Snack Foods on the Go:

Tweet: Always on the go? Invest in these delicious healthy snack foods

Snack Foods to Dehydrate that are Healthy:

Tweet: Discover some of the best foods to dehydrate that are healthy

What Snack Food is Healthy:

Tweet: Treat yourself with these healthy, delicious snack foods