Complementary blog post: 5 Healthy Heart Foods

Subject: New post – Discover these 5 awesome heart-heathy foods

{Firstname}

In today’s post, I’ll be revealing 5 awesome healthy heart foods.

If you’re focusing on getting healthier this year, you won’t want to miss this post.

LINK

You’ll discover why foods such as wholegrains and salmon are beneficial to the heart. You’ll also see why eating chocolate could also boost your heart health.

Don’t miss this great post!

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