**Complementary blog post:** Best Fruits, Herbs and Vegetables to Make Infused Water

**Subject:** New post – Discover the best fruits, herbs and veggies to use in infused water

{Hi Firstname}

Now that you know the benefits of drinking infused water, it’s time to focus on the best ingredients to use. While all fruits, veggies and herbs will provide some health benefits, some are definitely better than others to use in infused water.

In today’s post, I’ll reveal some of the best fruits, herbs and vegetables to use in infused water recipes. If you want to gain the most health benefits from infused water, you’ll want to check out this blog.

LINK

You’ll learn the benefits of using ingredients such as apples and lemons. You’ll also see why adding herbs such as parsley and sage is a great idea.

Don’t miss this fab post!

{Sign off}