**Social Media Posts How to Start Cooking at Home**

**Facebook:**

1. TIP: When you’re starting to cook from home, it really helps to start off small LINK

2. Tip: Before starting to cook at home, make sure you stock up on key ingredients LINK

3. TIP: You’re going to need some equipment before you start cooking at home LINK

4. TIP: By learning the basics of cooking, it will make it easier to create delicious, healthy recipes LINK

5. TIP: If you’re looking to get started with cooking at home, it’s a good idea to cook in bulk LINK

**Twitter:**

1. Don’t forget to start off small when cooking from home LINK

2. Before you start cooking at home, stock up on key ingredients LINK

3. Make sure you’ve got the equipment you need to cook at home LINK

4. Make cooking at home easier by learning the basics beforehand LINK

5. Cooking in bulk is a great way to get started cooking from home LINK