**The Essential Oils - Social Media Blurbs**

**Do Essential Oils Aid Weight Loss?**

**Blurb:** Losing weight? How essential oils can help. LINK

**Which Essential Oils Should You Avoid When Pregnant?**

**Blurb**: Essential oils to stay away from when pregnant. LINK

**Which Essential Oils Are Best for First Aid Treatments?**

**Blurb**: Which essential oils are the best to have on hand for an emergency? Read this to find out. LINK

**Essential Oils for Healthier Skin**

**Blurb**: Want beautiful skin? Here are the essential oils that will help. LINK

**Essential Oils for Stress and Anxiety**

**Blurb**: Dealing with anxiety? Here's how essential oils can help. LINK

**How to Apply Essential Oils**

**Blurb**: Essential oils - here's how to apply them. LINK

**How to Choose a High Quality Essential Oil**

**Blurb**: How to find essential oils that are truly high quality. LINK

**The Shelf Life of Essential Oils and How You Can Extend It**

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**Top 20 Essential Oils and What They Are Used For**

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**What Are Essential Oils and Do They Really Work?**

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