# Essential Oil Basics- Social Media Posts

Can I Make My Own Essential Oil?

Post: Can you make your own essential oils? Learn more here. LINK

Different Types of Essential Oils

Post: Common types of essential oils and their uses. LINK

Nine Essential Oil Buying Tips

Post: 9 tips for buying essential oils. LINK

Essential Oils to Keep in Your Medical Cabinet

Post: Put these essential oils in your medicine cabinet. LINK

Making Your Own Perfume with Essential Oils

Post: Tips on how to use essential oils to make your own perfume. LINK

Risks of Essential Oils

Post: Risks of essential oil use and who should avoid them. LINK

The Best Essential Oils for Anxiety

Post: These essential oils help relieve anxiety. LINK

The Best Essential Oils for Massage Therapy

Post: The best essential oils for massage therapy. LINK

The Best Essential Oils for Skin Care

Post: The best essential oils for skin care. LINK

The Best Essential Oils for Sleep Problems

Post: The best essential oils for sleep problems. LINK