**Social Media Posts 5 of the Best Essential Oils for the Skin**

**Facebook:**

**1.** TIP: Looking to soothe your sensitive skin? Chamomile is a great essential oil to help clear up problematic sensitive skin LINK

**2.** TIP: Some essential oils are much better than others at healing the skin. It’s important to know which oils to focus on if you’re looking to clear up specific skin troubles. LINK

**3.** TIP: When it comes to healthy skin oils, rosehip is difficult to beat. It helps you to achieve a beautiful glow, while also acting as a natural moisturizer. LINK

**4.** TIP: Lavender has numerous benefits for the skin. As well as boasting anti-inflammatory properties, the oil can be used as a sleep aid to encourage better sleep. LINK

**5.** TIP: Want to achieve natural anti-aging benefits? Frankincense is one of the best essential oils you can use. LINK

**Twitter:**

**1.** Some essential oils are naturally better for the skin than others LINK

**2.** Frankincense oil is great for fighting off the signs of aging LINK

**3.** Soothe sensitive skin with chamomile essential oil LINK

**4.** Rosehip is by far one of the best essential oils for the skin LINK

**5.** Use lavender essential oil to help heal your skin LINK