**Social Media Posts Top Ways to Use Essential Oils to Gain Maximum Skin Benefits**

**Facebook:**

1. TIP: Before you use essential oils, it’s crucial you dilute them. Applying them directly onto the skin without diluting them can be potentially dangerous. LINK

2. TIP: Always carry out a patch test when using essential oils on the skin. Apply to a small area then leave for 24 hours to see if there’s any reaction. LINK

3. TIP: Provided you’ve diluted the essential oils properly, it’s possible to apply them directly onto the skin. LINK

4. TIP: Adding essential oils to your bath water is a great way to gain maximum skin benefits. LINK

5. TIP: Use essential oils to create your own natural skincare products. LINK

**Twitter:**

1. Always dilute essential oils before applying them to the skin LINK

2. Carry out a patch test when using essential oils on the skin LINK

3. Gain great skin benefits by adding essential oils to your bath LINK

4. You can apply essential oils directly onto the skin when they’re diluted LINK

5. Create your own beauty products with essential oils LINK