5 Ways to Organize Your Life Social Media Posts

**Facebook:**

1) Struggle to keep the home organized? Gretchen Rubin’s one-minute rule can prove invaluable.

Taking just one minute out of your day to complete a quick, simple task such as cleaning a counter or putting in a load of laundry, gets the home cleaner throughout the day with minimal effort. Try it, you won’t regret it!

2) Get on top of your finances and become more organized with a money management app. Enabling you to see exactly how you spend your money, gives you a great idea of where you need to make changes.

3) When trying to become more organized, creating a list of 3 important tasks to complete each day can help. These tasks should be easy to achieve, and they really help to get you into a habit of doing things, rather than putting them off.

4) You’ll struggle to become more organized if nothing has a place in the home. Make sure you have a place for everything so that when it comes to putting things away, they don’t end up mixed and matched and difficult to find.

5) It’s hard to be an organized person if your mental health isn’t on track. By focusing on any mental health issues, you have, it will make it much easier to get things done and maintain a more organized schedule.

**Twitter:**

1) Few things can help to keep you more organized than the one-minute rule LINK

2) Get on top of your finances by utilizing a money management app LINK

3) Setting 3 important tasks to be completed each day can make you more organized LINK

4) To become more organized, make sure everything has a place LINK

5) You can’t organize your life until you get on top of mental health issues LINK