Complementary blog post: Top 5 Vegetables to Grow in Containers

Subject: How to Grow Root Vegetables in Containers

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Did you know it’s possible to grow root vegetables in containers?

Most people assume that root vegetables need to be grown directly in the ground. While they definitely thrive better when planted in the ground, it is possible to successfully grow them in a container if you follow just a few simple steps.

Here you’ll discover how to grow root vegetables in containers and the things you need to consider.

Deep, large containers are the key to success

The golden rule when growing any root vegetable, is to make sure the container is large and deep. The roots of carrots and potatoes for example, can stretch quite deep down into the soil. So, if they don’t have enough space to grow, they won’t.

So how deep is deep enough? Well, if you’re planting potatoes for example, ideally, you’ll want to use a large barrel. Basically, the larger the container the better!

Ensure they have plenty of light overhead

Another thing root vegetables need to thrive is sunlight. So, if you’re planning on growing veggies on your windowsill, you may want to stay away from root varieties.

The trouble is, without adequate lighting, they can end up growing really spindly and tall and the roots will start to come out from the soil. This means they won’t produce any vegetables, or the ones they do produce won’t be good quality.

Will they need fertilizer?

Some root vegetables such as radishes and beets, need to be fertilized regularly. Carrots on the other hand don’t really require much fertilizer to stay healthy. Being aware of which types of root vegetables need to be fertilized frequently is essential if you want them to grow well.

Planting veggies from seeds

While some root vegetables can be transferred to containers, many are better planted in seed form. When it comes to planting the seeds, water is one thing you’re going to need to pay attention to.

The soil should be really moist before the seeds are panted. However, you should ensure it isn’t too wet. After seeding, you’ll also want to add a little water, but not too much otherwise you risk the seeds dislodging and becoming exposed.

Want to learn more about the best types of veggies to grow in containers? Check out our blog on the website.

LINK

Overall, it’s a common misconception that root vegetables cannot be grown in containers. Providing you know the basics of growing them in a container, it’s actually not that difficult to do.

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