**9 Essential Oils That are Good for Your Skin**

Having a great skin can boost your confidence and make you feel better about yourself. When you see a person who has glowing skin, you can’t help yourself but admire that person. Then, it makes you wonder how someone can have such skin for themselves?

What is their secret or what is their daily or night routine? You’ll want to know how they do it. Here are 9 essential oils that can create the glowing, beautiful skin you’re looking for.

**Lavender**

This essential oil is the most common among essential oil enthusiasts. Plus lavender is common to stores, so you won’t have a hard time find it. If you will use this essential oil, you will smell amazingly good and it is great to decrease the anti-aging because it helps in regenerating skin cells. This goes for all skin types.

**Frankincense**

Not only can frankincense reduce inflammation but it also works wonders on the skin. How exactly does this essential oil help improve your skin? It makes the skin look tighter than before and it reduces wrinkles just like collagen. It is also best for people who suffer from acne. Another way that it helps by reducing scars and revitalize dry skin.

**Neroli**

Do you have a sensitive skin? You don’t have to worry anymore because neroli has a natural chemical that works with sensitive skin. It also helps people with oily skin.

**Cypress**

Cypress essential oil helps you have fresh and lovely skin but it also reduces the risk of having varicose veins. How amazing, right?

**Grapefruit**

As the word suggest you will say that grapefruit is just a fruit yet it has oil, specifically an essential oil. People who have cellulite can use this orally. You can add it to your juice or simple water will do.

**Geranium**

Eczema is a skin problem that many people suffer from. Another is ring worms. Such are skin problems you may not want to have but sometimes it can’t be avoided. With this oil you can heal these conditions.

**Ylang-Ylang**

This essential oil has a floral fragrance, which gives you a fresh and new aura. It is best for people who are prone to breakout. This essential oil has power over oil production which gives elasticity to the skin.

**Myrrh**

This essential oil can prevent people from harmful infections in terms of your skin. Also, it helps you balance your hormones for you to manage your mood well.

**Rose**

This rose essential oil that contains antimicrobial compounds that make your skin more beautiful and fresh. Another advantage from a rose essential oil is it manages skin problems and it replaces the water of your dry skin.

Sometimes the condition of your skin has nothing to do with you such as eczema. Then you can get flare ups that itch or cause discomfort. The essential oils above can help with many different types of skin conditions and can help you get that healthy glow that you want.