Top 5 Vegetables to Grow in Containers

Deciding to grow your own vegetables can be an exciting and rewarding experience. However, if you’re just starting out there are some veggies that are much easier to grow than others. This is especially true if you’re growing them in containers.

So, to make it easier, below you’ll discover the top 5 vegetables to grow in containers.

1. Radishes

Let’s be honest, radishes were probably one of the last vegetables you were thinking of growing. However, they can be an excellent vegetable to start with due to how simple they are to grow.

One of the best things about them is the fact they’ll potentially be ready to eat in just one month. You’ll just need to ensure they have plenty of water and sow them in small batches regularly for a continuous harvest.

2. Chilies

Another great vegetable for beginners is the chili plant. Chilies go fantastic with a huge range of dishes and you’ll be surprised just how delicious they are when grown at home.

It is best to grow these in a greenhouse or at least under glass. You’ll find that the warmer the weather they are grown in, the spicier they will be.

3. Potatoes

You may be surprised to find potatoes on the list, but they can grow surprisingly well in containers provided it is large enough. Ideally, you’ll need a plastic dustbin or a similar size container for best results.

Soil depth is by far one of the most important considerations needed for growing potatoes. Other than that, they’re pretty easy to look after.

4. Spinach

Spinach is considered a super food and it’s easy to grow in containers. The key thing to remember is to ensure you’re using a very rich soil.

It will also need to be grown in an area with light shade, rather than direct sunlight. In drier weather, you’ll also need to water it frequently as otherwise you could find it ends up tasting really bitter.

5. Lettuce

Enjoy super-fresh salads and grow your own lettuce plants. A good tip is to sow them in intervals so they mature at separate times. Again, as with spinach, the soil used will need to be rich and also kept continuously moist.

It’s also a good tip to water the plants in the morning, then chop off the head once the heart has formed.

Overall, there’s so many different types of vegetables that you can grow in a container. However, some require a lot more maintenance than others. The 5 above are especially well-suited to beginners and those looking for the easiest types of veggies to grow.