Complementary Blog Post: 9 Essential Oils That are Good for Your Skin

Subject: How to Use Essential Oils To Get Glowing Skin

[firstname],

Essential oils are a great way to get your skin looking healthy and beautiful. You can use several different ones depending on what you’re looking for. They can help with acne, anti-aging, eczema, dry skin and wrinkles.

There are several ways that you can use essential oils to your benefit and to get them to do what you want them too. Check out these top 3 ways:

1.Lotion

Lotion works for so many skin conditions like dry skin, eczema and moisturizing and is easy to add essential oils. You can either purchase lotion that includes the oils already inside or make your own. You’ll find that this all natural lotion works and can make a great gift.

2. Scrub

Another way to create glowing skin is by getting rid of some of the dead skin on the surface and scrubs do that. They will get rid of the old and make room for the new.

You’ll find that face scrubs smooth the skin, plus it’ll help remove impurities in your face.

You might be surprised on all of the different household ingredients you already have that can easily be made into a face scrub. Combine them with some essential oils and you’ve got a create combo have great skin.

3. Face Wash

Washing your face every day is the best way to prevent the pores to get clogged and your face to look healthy. When you use essential oils during this process you can help fight wrinkles and acne.

Some of the best ingredients to help you clear up your acne outbreaks are coconut oil, baking soda, lavender and frankincense oil.

Each skin condition has specific essential oils that you can use to help them. You can easily create a face wash to use every day and prevent outbreaks instead of trying to deal with them once they happen.

Need help figuring out the best essential oils to use for great skin? Check out the blog post we made.

LINK

Essential oils have been used for hundreds of years to help with skin problems and can be the best solution to having glowing skin. Figure out what one is best for your skin type and try them out and see for yourself.

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