4 Ways to Use Turkey Leftovers

Hello [[firstname]],

If you haven’t checked out today’s blog post, click below for Turkey Sandwiches That Won’t Add Inches to Your Waistline.

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Today’s email is going to discuss some different ways you can use turkey in your leftovers, aside from sandwiches.

**Turkey Chili**

The first way you can use up your turkey leftovers is by making a healthy batch of chili. This not only is a great way to use up your turkey, including ground or shredded turkey, but it will also be a healthier chili than traditional recipes. To make it even healthier, reduce the amount of beans you are adding and add in some more veggies. Tomatoes, onions, and bell peppers are common, but that doesn’t mean you can’t cut up celery, carrots, and cucumber and add it to your chili as well.

**Turkey Meatballs**

If you want to have a dinner with meatballs, you can also use turkey for those. For meatball, ground turkey is going to be needed, along with breadcrumbs and parmesan that is finely grated. Some seasonings that are typically used for meatballs include ketchup, tomato pasta, salt, pepper, garlic, parsley, and basil. You will also need milk, onion, and some olive oil.

**Turkey Meatloaf**

Does your family like meatloaf but you are concerned with the lack of health in beef? If so, you can definitely reduce the fat and calories in your meal by using turkey instead. Once again, ground turkey is needed for meatloaf, but you can create a similar consistency with a food processor. To your ground turkey, you will add butter, salt, pepper, ketchup, garlic, onion, and Worcestershire sauce. You also need an egg and breadcrumbs, which are going to help the meatloaf stick together in the meatloaf pan.

**Turkey Tacos**

For a fun Mexican food night, consider making some tacos. There are a few different ways to go. You can use store-bought corn tortilla shells, create your own shells with corn or flour tortillas, or you can even do tacos on halved bell peppers to make it even healthier and have less carbs.

[sign off]